



FEDERAZIONE ITALIANA DI TIRO CON L'ARCO

Roma, 25 settembre 2009
Prot. 4571

Circolare n° 63

Società affiliate

e, p.c. **Commissione Formazione Quadri
Componenti il Consiglio Federale**

Oggetto: Seminario Internazionale per Allenatori

Dal **2 al 7 novembre** p.v. si svolgerà a Roma il Seminario Internazionale per Allenatori organizzato dalla FITA in collaborazione con la FITARCO.


L'incontro si terrà presso il Centro di Preparazione Olimpica Acqua Acetosa "Giulio Onesti", Roma, (Largo Giulio Onesti, 1) e si svolgerà in base al programma allegato.

Per la partecipazione è prevista una tassa di iscrizione di € 100,00. Le spese di viaggio, vitto e alloggio sono a carico proprio. Il costo del soggiorno in pensione completa presso l'Hotel dello Sport (CPO Acqua Acetosa) è di € 53,00 a persona al giorno. La sistemazione è prevista in camera doppia o tripla.

Il Corso è a numero chiuso (95 posti), e la domanda di ammissione deve essere inviata in Federazione entro il **14 ottobre** p.v. I candidati in possesso dei requisiti necessari verranno selezionati in base all'ordine di arrivo delle domande e secondo questa graduatoria: tecnici di altre nazionalità, tecnici dei gruppi nazionali italiani, docenti Fitarco, tecnici di potenziamento, tecnici Allenatori, tecnici di 2° e 1° livello regolarmente iscritti all'Albo federale 2009. L'elenco degli ammessi verrà reso noto dopo il 15 ottobre.

Si comunica, inoltre, che il Seminario verrà condotto in lingua inglese, per la partecipazione è quindi necessaria la conoscenza di tale lingua.

Cordiali saluti,


Il Segretario Generale
(Mds Alvaro Carboni)



4th FITA World Coaching Seminar

SCHEDULE

Roma (ITA) – November 3-6, 2009

Monday November 2, 2009

17:00 – 19:00 Arrival and Registration - Acquacetosa Sport centre in Rome

Tuesday, November 3, 2009

8:00 – 8:30 Registration

SESSION 1 – Chairman: *Pascal COLMAIRE* (FITA Development & Education Director)

8:30 – 8:45 *Pascal COLMAIRE* (FITA Development & Education Director)
Opening & Welcome – Introduction to the Seminar

8:45 – 10:00 *Nino ODDO* (FITA Coaches Committee)
Historical review of Archery in Italy

10:00 – 10:30 *Coffee Break*

10:30 – 10:45 *Sante SPIGARELLI* (FITARCO Technical Commission Chairman)
Strategy and coordination of the FITARCO Technical operations

10:45- 12:00 *Gigi VELLA* (FITARCO Technical Director)
FITARCO technical structure: description, evolution and operations

12:00 – 13:30 *Lunch*

SESSION 2 – Chairman: *Ken BERMAN* (FITA Coaches Committee Chairman)

13:30 – 15:00 *Filippo CLINI* (FITARCO National Men Team Coach Recurve Bow) and
Matteo BISIANI (FITARCO National Women Team Coach Recurve Bow)
Training and athletes preparation at the FITARCO Technical Centre.

15:00 – 15:15 *Coffee Break*

15:15 – 17:45 Athletes Interviews by Guido *LOGIUDICE* (FITARCO Press Office)

15:15 – 16:15 *Marco GALIAZZO* (2004 Olympic Champion) and *Ilario DI BUÒ* (Silver Olympic Medal) - International Athletes experience in the Centre and preparation to the major events.

16:30 – 16:45 *Coffee Break*



16:45 – 17:45 *Natalia VALEEVA (World Champion) - From the Eastern Countries to Italy, experiences of an unmatched career*
Sergio PAGNI (Compound Bow National Team) - Top level international experiences shooting a Compound Bow.

17:45 – 18:45 *Massimo SPIGARELLI (Arco Sport, Rome)*
Equipment manufacturing in Italy – Case 1

After dinner: *FITA Medical Committee: Emin ERGEN (TUR) – Carlos HERMES (GUA) - Martin BAUER (GER) - Nancy LITTKE (CAN) - Chantal STEINER (FITA)*
Status of activities of the FITA Medical Committee
(Prepare your questions since the presentation should be quite short and followed by a time frame for answering to your questions on medical and doping subjects).

Wednesday November 4, 2009

SESSION 3 – Chairman: Nino ODDO (FITA Coaches Committee)

8:30 – 10:00 *Filippo CLINI (FITARCO National Team Coach Recurve Bow)*
Recurve bow shooting technique – Status of the art in Italy

10:00 – 10:30 *Coffee Break*

10:30 – 12:00 *Tiziano XOTTI (Compound Bow National Coach)*
Compound Bow shooting technique in Italy

12:00 – 14:00 *Lunch*

Afternoon: **Rome sightseeing**

Thursday November 5, 2009

SESSION 4 – Chairman: KIM Hyung- Tak (FITA Coach Committee)

8:30 – 10:00 *Nino ODDO (FITA Coaches Committee)*
The Italian Coaching education system

10:00 – 10:30 *Coffee Break*

10:30 – 12:00 *Mauro GATTI (FITARCO Responsible for psychological preparation)*
Experiences and operations in psychology applied to Archery

12:00 – 13:30 *Lunch*

13:30 – 14:30 *Edward KENSINGTON (Project Officer of the Olympic Solidarity.)*
Olympic Solidarity Programs.

14:30 – 15:00 *Pascal COLMAIRE (FITA Development & Education Director)*
FITA and Coaching information



15:00 – 15:15 *Coffee Break*

SESSION 5 – Chairman: *Pascal COLMAIRE* (FITA Development & Education Director)

15:15 – 16:15 *Patrick LEBEAU*
"MMArc" an archery training software by a French coach.

16:15 – 17:15 *Giuseppe REVERZANI (FIBERBOW)*
Equipment manufacturing in Italy – Case 2

17:15 – 17:30 *Coffee Break*

17:30 – 18:30 *Open*

Friday November 6, 2009

SESSION 6– Chairman: *Ken BERMAN* (FITA Coaches Committee Chairman)

8:30 – 10:00 *Roberto FINARDI (FITARCO Responsible for physical preparation)*
Experiences and operations in archer's physical preparation

10:00 – 10:30 *Coffee Break*

10:30 – 12:00 *Giorgio BOTTO (FITARCO Field Archery Coach)*
3D & Field with specific reference to the Barebow

12:00 – 13:30 *Lunch*

SESSION 6– Chairman: *Nino ODDO* (FITA Coaches Committee)

13:30 – 15:00 *Stefano CARRER (FITARCO Youth Department Technical Director)*
Youth and talent identification

15:00 – 15:15 *Coffee Break*

15:15 – 16:15 (*Bernardini Archery*)
Equipment manufacturing in Italy – Case 4

16:15 – 17:00 *Pascal COLMAIRE & FITA Coaches Committee Members*
Seminar conclusions

17:00 – 18:30 Information and closing by FITA President and Secretary General, EMAU
President and Secretary General

Saturday November 7, 2009

Departure.